

Sanilac County

Community Resource Guide



2023

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

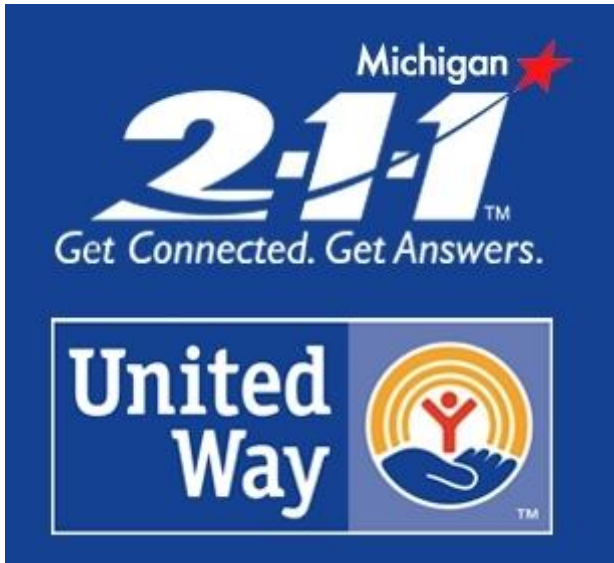
2023

Sanilac
County
Community
Resource
Guide

[A guide to services in your community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911 CALL

Children and Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Equality Michigan	(313) 537-7000
Eva’s Place 24hr Shelter	(866) 336-7283
Haven Crisis Line	(877) 922-1274
Human Development	(800) 292-3666
Commission Domestic and Sexual Violence	
Human Development	(989) 672-1790
Commission Elder Abuse	
LGBT Hotline	(888) 243-7243
Love is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
Safe Center Crisis Hotline 24/7	(877) 952-7283
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Hotline	9-8-8
The Trevor Project (Youth LGBTQ Crisis & Suicide Hotline)	(866) 488-7386

Third Level Crisis Line	(800) 442-7315
Victim Connect (stalking Hotline)	(855) 484-2846

ADULT AGING SERVICES

Alzheimer’s Association	(800) 272-3900
Crisis Services for the Elderly	(517) 483-7205
HAP Senior Plus	(800) 868-3153
Human Development	(800) 843-6394
Commission-Meals on Wheels	
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program	(800) 803-7174
McLaren Home Care	(866) 323-5974
Region 7 Area Agency on Aging	(989) 893-4506
Sanilac County Community Mental Health	(810) 648-0330
Social Security Administration	(800) 772-1213
Visiting Angels Living Assistance Services	(800) 365-4189

Assisted Living

A Place of Grace	(810) 648-4846
Martinez Retirement Home	(810) 648-4744
Sandusky	
Sanilac Medical Care Facility	(810) 648-3017
Stonegate Village	(810) 648-9410
Sandusky	
The Heartlands	(989) 217-9500
Tomlinson Assisted Living	(810) 327-2025

DISABILITY RESOURCES

Autism society of MI	(800) 328- 8476
Children's Special Healthcare Services	(800) 359-3722
Disability Network Eastern MI - Sandusky	(810) 987-9337
Disability Network of MI	(800) 782-4160
www.dnmichigan.org/cil-directory	
GiGi’s Playhouse (Down Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200

Michigan Commission for the Deaf (877) 499-6232
 Michigan Dept. of Education – Office of Special Education- Lansing, MI (888) 320-8384
 Muscular Dystrophy Association (800) 572-1717
 Paralyzed Veterans of America (800) 424-8200
 Relay Center for Deaf/Hard of Hearing 7-1-1
 Social Security Administration (800) 772-1213
 United Cerebral Palsy of Michigan (800) 872-5827
 Vocational Rehabilitation (800) 605-6722
 Michigan Commission for the Deaf

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police 911
 American Red Cross (800) 733-2767
 Center for Disease Control and Prevention (CDC) (800) 232-4636
 Poison Control (800) 222-1222
 Sanilac County Health Department (810) 648-4098

FINANCIAL ASSISTANCE

MSHDA: Step Forward (855) 646-7432
 Region VII Area Agency on Aging (989) 893-4506

Employment Assistance

Michigan Works! (810) 648-5800
 Sanilac County Department of Health and Human Services (810) 648-4420
 Unemployment Office Hotline (866) 500-0017

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

American Red Cross (800) 733-2767
 Food Bank Council of Michigan
www.fbmic.org/resources/find-a-food-bank
 Heaven Sent Community Ministries (989) 635-0077
 Heritage United Methodist Church- Snover (810) 672-9101
 Human Development Commission (800) 843-6394
 Marlette First Church (989) 635-2075
 Meals on wheels (800) 632-7334
 Project Blessing Crosswell/Lexington Area (810) 359-2045

Project Blessing Deckerville (810) 376-3020
 Region VII Area Agency on Aging (989) 893-4506
 Sanilac County Department of Health and Human Services (810) 648-4420
 Sanilac County Health Department-WIC (810) 648-4098
 Snover Food Pantry (810) 247-2355
 WIC State Health Department (800) 942-1636

HEALTHCARE SERVICES

Center for Disease Control and Prevention (800) 232-4636
 Children’s Special Healthcare Services (800) 359-3722
 Sanilac County Department of Health and Human Services (810) 648-4420
 Veteran’s Affairs (844) 698-2311

Clinics & Hospitals

McLaren Thumb Region Hospital – Bad Axe (989) 269-9521
 Karmanos Cancer Institute (800) 527-6266
 Deckerville Community Hospital (810) 376-2835
 Family First Health Care- Lexington (810) 696-2088
 Marlette Regional Hospital (989) 635-4000
 McKenzie Health System – Sandusky (810) 648-3770
 McLaren Home Care (866) 323-5974
 Michigan HIV/STD Hotline (800) 872-2437
 Sanilac County Community Mental Health (810) 648-0330
 Sanilac County Department of Health and Human Services (810) 648-4420
 Sanilac County Health Dept (810) 648-4098

Dental Resources

Dental Lifeline Network (low income; severe problems only) (303) 534-5360
 Great Lakes Bay Health Center Dental – Thumb Area (989) 331-0555
 Great Lakes Bay Health Centers-Mobile Dental (989) 921-4393
 Michigan Donated Dental Services Program (517) 346-9454
 Sanilac Smiles – Dentist - Sandusky (810) 648-3224

Hearing Assistance

Relay Center for Deaf/Hard of Hearing 7-1-1
Sanilac County Health Department (810) 648-4098

Medical Equipment & Loan Closets

Adaptive Environments-Home Lifting Systems (800) 355-5438
ALS of Michigan (800) 882-5764
Disability Network Eastern Michigan (586) 268-4160
Ehardt's Pharmacy & Medical Supply - Lexington (810) 359-5322
GiGi's Playhouse (847) 885-6149
Hometown Heroes of Michigan (810) 538-0282
Michigan Assistive Technology Loan Fund (800) 827-4843
Michigan CPAP Bank CPAP, BiPAP, ASV, and Supplies (734) 232-3964
Muscular Dystrophy Association (800) 572-1717
One-Drop Diabetes Support & Supplies (800) 437-1474
Paralyzed Veterans of America Michigan (800) 424-8200
Project Blessings CPS, Inc. (810) 657-8831
Region VII Area Agency on Aging (989) 893-4506
Sheldon Medical Supply - Sandusky (810) 648-3535
The National Federation of the Blind (410) 659-9314
The QuickRamps for Kids Program (248) 557-5070
United Cerebral Palsy Michigan (800) 872-5827

Mental Health & Counseling Services

Boys Town National Hotline (800) 448-3000
Common Ground Crisis Line (800) 231-1127
Military One Source (800) 342-9647
<https://www.militaryonesource.mil>
Narcotics Anonymous 24/7 (800) 230-4085
National Alliance on Mental Illness (800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
National Domestic & Sexual Violence Helpline (800) 799-7233
National Human Trafficking Resource Center (888) 373-7888
Problem Gambling Help Line (800) 270-7117
RAINN (Rape & Incest National Network) (800) 656-4673
Sanilac County Community Mental Health (810) 648-0330

Stop It Now! Hotline (888) 773-8368
Substance Abuse Hotline (800) 662-4357
Suicide Prevention 9-8-8
Thumb Area Counseling – Sandusky (810) 648-4303

Pharmacies & Prescription Assistance

LifeSource Direct RX Discount Card- (866) 340-4748
Underinsured/Uninsured Michigan Medicare/Medicaid Assistance (MMAP) (800) 803-7174
MiRx Discount Card (866) 755-6479
NeedyMeds (800) 503-6897
Partnership for Prescription Assistance www.pparx.org
Rite Aid Pharmacy-Marlette (989) 635-2031
Rite Aid Pharmacy–Sandusky (810) 648-4668
RX Outreach (800) 769-3880
RxAssist www.rxassist.org
Wal-Mart (810) 648-4247

Rehabilitation

Croswell Manual Therapy (810) 679-0078
Lexington Physical Therapy (810) 359-8700
McLaren Physical Therapy Service-Lexington (810) 359-8193
Thumb Speech Therapy (989) 550-3311

Substance Abuse

Alcoholics Anonymous (800) 356-9996
CDC Hotline (800) 232-4636
Narcotics Anonymous (800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
Sanilac County Health Department (810) 648-4098
Substance Abuse Hotline (800) 662-4357

Urgent Care

McKenzie After Hours Clinic (810) 648-6202
Pro-Health Urgent Care (810) 202-6022

Vision Assistance

Michigan Commission for the Blind (800) 292-4200
National Eye Institute (301) 496-5248
Sanilac County Health Department (810) 648-4098
Walmart Vision Center (810) 648-4541

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
Heat and Warmth Fund	(800) 866-8429
HUD Rental Assistance	(800) 569-4287
Human Development Commission	(800) 843-6394
MSHDA: Step Forward	(866) 646-7432
Sanilac County Department of Health and Human Services	(810) 648-4420
USDA Rural Development	(517) 324-5190

Emergency Shelters & Warming Centers

Eva's Place	(866) 336-7283
Human Development Commission	(800) 843-6394
Sanilac House of Hope	(810) 580-4061

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Elder Law of Michigan	(866) 400-9164
Legal Services of Eastern Michigan – Port Huron	(800) 322-4512
Michigan Department of Civil Rights	(517) 335-3165
Michigan Indian Legal Services	(231) 947-0122
Michigan Senior Legal Hotline	(866) 400-9164
Military One Source https://www.militaryonesource.mil	(800) 342-9647
Region VII Area Agency on Aging	(989) 893-4506
Social Security Administration	(800) 772-1213

LIBRARIES

Brown City Public Library	(810) 346-2511
Deckerville Public Library	(810) 376-8015
Elk Township Library	(810) 378-5409
Marlette District Library	(989) 635-2838
Sandusky District Library	(810) 648-2644
Sanilac District Library	(810) 622-8623

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line	(800) 275-1995
Child Safety Seat Inspection	(866) Seat-Check
Children's Special Healthcare Services	(800) 359-3722
Human Development Commission	(800) 843-6394
LA LECHE	(800) 525-3243

Michigan Alliance for Families

<https://www.michiganallianceforfamilies.org/maf-offices>

Michigan Alliance for Families	(800) 552-4821
Military One Source https://www.militaryonesource.mil	(800) 342-9647
Sanilac County Community Mental Health	(810) 648-0330
Sanilac County Health Department	(810) 648-4098
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

SUPPORT GROUPS

ALS of Michigan	(800) 882-5764
Alzheimer's Association and Helpline	(800) 272-3900
Autism Society of MI	(800) 328-8476
Common Ground Crisis Line	(800) 231-1127
Compassionate Friends (Parent's Grief Group)	(877) 969-0010
Disability Network Eastern MI - Sandusky	(810) 987-9337
Disability Network of MI	(800) 782-4160
Epilepsy Foundation Of Michigan	(800) 377-6226
Equality Michigan	(313) 537-7000
Eva's Place	(866) 336-7283
Haven Crisis Line	(877) 922-1274
LGBT Hotline	(888) 243-7243
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(800) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
Region VII Area Agency on Aging	(989) 893-4506
Sanilac County Community Mental Health	(810) 648-0330
Sanilac County Health Department	(810) 648-4098
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357

Suicide Prevention 9-8-8
WIC (800) 942-1636
Women's Health Resource Line (800) 994-9662

TRANSPORTATION

American Cancer Society Road (800) 227-2345
to Recovery
Child Safety Seat Inspection (800) Seat-Check
Karmanos Cancer Institute (800) 527-6266
Region VII Area Agency on Aging (989) 893-4506
Sanilac Transportation Corp (810) 648-9766

TRIBAL SERVICES

MDHHS Native American Affairs (517) 335-7782
Office
Michigan Department of Civil (517) 335-3165
Rights
Michigan Indian Employment (800) 591-8820
and Training Services

Michigan Indian Legal Services (231) 947-0122
New Phone
Michigan Indian Tuition Wavier (517) 241-7748
Saginaw Chippewa Indian Tribe (989) 775-4000
U.S. Office of Indian Education (202) 260-3774

VETERAN'S AFFAIRS

CHAMPVA (800) 733-8387
Michigan Veterans Affairs (800) 642-4838
Military One Source (800) 342-9647
<https://www.militaryonesource.mil>
Paralyzed Veterans of America (800) 424-8200
Region VII Area Agency on Aging (989) 893-4506
Veteran Affairs (844) 698-2311
Veterans Administration (800) 827-1000
Veterans Crisis Line (800) 273-8255

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.